

MOUNTAINEERS

West Virginia University

Intercollegiate Athletics

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Morgantown, WV 26507-0877



MEMORANDUM

TO: Parents/Guardians of Incoming Student-Athletes

FROM: Randy Meador
Coordinator of Athletic Training Services

SUBJ: Stimulant Medications (Ritalin, Adderall and other medications)

Your son/daughter has become a participant on an intercollegiate athletic team at West Virginia University. As part of the matriculation process we are requesting medical documentation if your son/daughter is currently taking medication for Attention Deficit Disorder (ADD) or Attention Deficit Hyperactivity Disorder (ADHD).

Stimulant medications are banned by the NCAA; however, a Medical Exception Policy is allowable if the medication is used for a documented medical purpose. The NCAA requests specific documentation to be present in the athlete's medical file on campus prior to his/her undergoing a drug test.

Appropriate documentation must include a letter signed and dated by the prescribing physician detailing:

- The date that clinical assessment was made to diagnose the condition
- A statement that regular use of the medication is required for non-athletic means
- The athlete is being monitored routinely for use of the medication
- The name of the drug along with its specific dosage and frequency

The NCAA will not pre-approve the use of a medication prior to drug testing. Therefore, in the event that the student-athlete tests positive for the stimulant drug, an appeal will have to be made to the NCAA requesting an exception. The presence of this documentation in the student athlete's file will expedite the appeal process.

Failure to have this needed documentation available to the NCAA will result in the appeal being denied; therefore, the test result will remain positive, meaning a year of eligibility lost for a first time offense and a life-time ban for a second time offense from NCAA Institutions.

Thank you for attention in this matter. If you have any questions or concerns please feel free to contact me at (304) 293-2737.